



FOOD FOR THOUGHT



WHAT JOE TAUGHT ME BY JULIA MCGEE, DIRECTOR OF COMMUNICATIONS

For the past 13 years, Joe has lived with and cared for his 92-year-old mother, Bernice, full time. His reason is simple: “I promised my dad I’d take care of her.” Since retiring from a long career with Goodyear Tire, Joe visits our mobile pantries and Elder Share program for groceries. I initially met him at one of these distributions, and later, he shared his story with me over coffee. I learned that he likes the variety of fresh produce and meats that are available and looks forward to bringing everything home to Bernice. Chuckling, he told me, “I like to give her every color on her plate.”

Twice a month, he visits our Longmont mobile pantry, and he always arrives an hour early. He meets Bob, another pantry visitor, and they spend time chatting. Bob is an 80-year-old veteran, who reminds Joe of his late father, and they bond over stories about their brothers (Joe has three; Bob has five). Our distributions nearly always include gallons of organic milk, and Joe will often give his to Bob, because he knows it’s Bob’s favorite drink.

At home, Joe cooks regularly for his mom. He told me about “energy pills” — Ritz Crackers smeared with peanut butter. Bernice has a few house chores that she enjoys doing, and Joe makes these snacks to keep her strength up. He even bought a small wagon to help her move loads of laundry throughout the house.

Along with preparing meals for Bernice, he often uses the food he receives from Community Food Share to make chili. He prepares a batch big enough to share with the family that lives next door. He knows it’s difficult for them to visit food pantries, because both parents are juggling full-time jobs while raising their five children and a niece.

I regularly witness the ways we bring our donors’ time, money, and food together with our partners’ resources to serve the neighbors who rely on us. We’re a community connector, and as a “food banker,” I’ve known this for a long time. But what I’ve failed to realize is that the connecting doesn’t end with the people we give food to. Our participants create a whole new web of connections — the kinds of connections that bring together mothers and sons, next-door neighbors, and even two mobile pantry “regulars”. Joe taught me that.



Joe and Bernice
in their kitchen,
unloading groceries
from the mobile pantry

A NOTE FROM THE EXECUTIVE DIRECTOR

Hello!

The holidays are a busy and exciting time, and that goes for Community Food Share too. We love that volunteer interest picks up, food donations increase, and giving hits the year-end peak to support our work in the community. Time with friends and family fills us with warmth and joy, and it is hard not to share it with others.

January is a time when many take pause and recharge, but our work remains at a steady clip. We are still connecting families and individuals with nutritious food, but the spotlight on hunger and other needs wanes.

As you consider your year ahead, I encourage you to take the less-traveled path of volunteering in January, February, and March — with your family, friends, co-workers...or come and make a new pal! Try a new volunteer task you haven't done before — a sunny day at a mobile pantry is a great way to get outdoors. Hosting a fund and food drive after the holidays is less traditional, but it's an effective way to spread the word about year-round hunger. And signing up to be a monthly donor, with even a small amount, can build up to something big when the holidays return!

If you're a resolution-setter, check out our suggested resolutions on the opposite page — and remember, however and whenever you give, thank you for being a year-round supporter of our mission to end hunger in Boulder and Broomfield Counties.



Sincerely,

A handwritten signature in blue ink that reads "Michelle".

Michelle Orge



Our
Vision

A
HUNGER-FREE
COMMUNITY



THIS VALENTINE'S DAY, GIVE A GIFT THAT GIVES BACK

Gift a gift in your loved one's honor, and we'll send them an e-valentine. For less than the cost of a box of chocolates, you can feed a neighbor for an entire month. Give \$30 to provide a month's worth of food, or choose any amount. For every dollar you donate, Community Food Share will provide 3 meals!

To send an e-valentine, visit www.communityfoodshare.org/valentine or call (303) 652-3663.

A GUIDE TO 2019'S NEW YEAR'S RESOLUTIONS

1

EXERCISE MORE

Get active without the gym membership — volunteer at Community Food Share instead! We asked a few of our regular volunteers to track their activity. Turns out, some of our activities can be quite the workout:

Feeding Families Pantry Assistant
WALK 4,700 STEPS PER SHIFT
Sort, restock, and organize food in our onsite pantry

Driver's Assistant
LIFT AND MOVE 3,500 LBS OF FOOD
Pick up food donations and deliver food orders with our truck drivers

Order Puller
WALK 3,600 STEPS PER SHIFT
Prepare pallets of food for delivery to our partner agencies

Get started with volunteering:
www.communityfoodshare.org/volunteer

2

LEARN A NEW SKILL

Choose gardening as your new skill, and “grow a row” for Community Food Share. On top of crushing your resolution, you’ll increase your intake of fresh produce, reduce stress, and get your daily dose of vitamin D. Plus, when you sign up to grow fruits, veggies, or herbs for Community Food Share, we’ll send you a starter packet with tips on gardening and post-harvest handling!

Get started with Grow a Row:
www.communityfoodshare.org/garden-share

3

SPEND LESS

We may not be in the business of financial advising, but we CAN suggest how to use some of the money you’ll save in 2019: give back! One of the easiest ways to do it is through monthly giving. These scheduled gifts allow you to budget your donations throughout the year, and automatic deductions mean you can set it and forget it!

Get started with volunteering:
www.communityfoodshare.org/volunteer

COMPETE **to** BEAT HUNGER

Corporate Challenge



MAY
6-24TH

NEW IN 2019

Logos of the six Corporate Challenge winners will be displayed on a Community Food Share truck for a year! Our “moving billboards” offer exposure on the busiest streets in Boulder and Broomfield Counties, allowing winning companies to market their brands alongside ours.



Join us for this year's Corporate Challenge! Your team will be among thousands of employees from local companies that compete to raise the most dollars and food. Last year, over 1.4 million meals were raised. Companies of all sizes participate, and the event is customizable.

CORPORATE CHALLENGE

community
FOOD SHARE

Event Benefits:

- Boost employee morale
- Hands-on team building
- Fun and effective way to demonstrate corporate social responsibility
- When your team is engaged with Community Food Share, employees are more aware of our community's need to access fresh, nutritious food

Fighting hunger takes a lot of hard work, a ton of collaboration, and a dynamic group of fearless people and organizations — we invite you and your team to join us!

For details and registration, contact Dina Coates Koebler at dcoateskoebler@communityfoodshare.org, or visit www.communityfoodshare.org/corporate.

Leading the "Charge"



As one of the most solar-powered food banks in the nation, we're leading the charge in energy efficiency among hunger relief organizations.

There are *many* reasons to be proud of the work we do at Community Food Share. The newest cause for celebration? Our solar panel expansion.

The new system defers 60% of our energy usage, and the projected cost savings translates to 155,000+ meals that we can distribute into the community each year.

From an environmental standpoint, our energy production will prevent carbon dioxide emissions equivalent to the energy use of 35 homes for an entire year — that means we're offsetting our entire staff's home energy use!

DONOR SPOTLIGHT

Anika Pillatzke

The Baker's Dozen Club, our monthly giving program, appeals to people for many different reasons. Some people join for the convenience of automatic payments, while others join because it allows them to make larger gifts spread over the course of the year. For Anika, the reasons are very personal.

Anika grew up in Fargo, North Dakota. In fourth grade, her mother and stepfather separated, transitioning her two-paycheck family into a mother raising two children on her own. At Thanksgiving, the local food bank delivered food to their home. Anika was old enough that she found the experience both troubling and shocking — there was shame associated with accepting the food, and Anika was afraid her friends at school would find out they had no food.

Today, Anika is married, financially secure, and feels the need to pay it forward. She became a donor during our annual Hunger Hurts Fund & Food Drive. When asked why she decided to join the Baker's



Dozen Club, Anika shared, "I feel like I'm carrying a debt — there are single mothers and kids that need my help now. It is so gratifying to help another little girl like I was. For me, it's very gratifying to pay it forward."

Become a monthly donor like Anika.

Visit
www.communityfoodshare.org/monthly
or call (303) 652-3663.

CURRENT VOLUNTEER NEEDS

Crew Leaders

Help our volunteer department staff lead corporate and community groups through a variety of warehouse activities.

When: Typically 9:00 AM-12:00 PM and 1:00-4:00 PM, Monday through Friday

Where: Community Food Share's distribution center in Louisville

Shift Length: Approximately 3 hours

To sign up, contact Katy Voldrich at (303) 652-3663 ext. 202 or kvoldrich@communityfoodshare.org

Elder Share

Assist with participant check-in or become a site helper at our offsite distributions, or help deliver food directly to homebound seniors. We are seeking volunteers who can make a six-month commitment for two shifts a month.

When: Twice a month, times vary by site

Where: Offsite, primarily in Boulder and Longmont

Shift Length: 2-3.5 hours

To sign up, contact Billy Dixon at (303) 652-3663 ext. 212 or bdixon@communityfoodshare.org



Volunteer Spotlight



Dana and Jackie Pine

Dana and Jackie hit the ground running when they began volunteering in our onsite pantry last August. From assisting with set-up, to being productive pantry assistants, this mother-daughter duo shares their compassion and company with us two to three times a week! Jackie puts it perfectly: "There are so many problems in the world...and hunger is solvable. We really believe that our efforts make a difference and can have a personal impact for someone. And I love volunteering with my daughter!" Thank you, Dana and Jackie, for becoming such a valuable asset to our team!



TEAM EFFORT

Sometimes, organizing extracurricular events for a team or club can be a challenge. Between school, practice, games, and travel, it may seem impossible to add volunteering into the mix. But the Rocky Mountain RoughRiders hockey team has gone above and beyond in finding ways to support Community Food Share, specifically with our special events! For two years, RoughRiders teams have volunteered as the servers for our annual Farm to Fork Dinner.

While not every club or team can fit regular volunteering into their already busy schedules, volunteering for special events throughout the year is another fantastic way to give back and make an impact. These events are unique and help us procure



the necessary funds to continue providing fresh, healthy food to families, individuals, and seniors throughout Boulder and Broomfield Counties year-round.

If your team, club, or group is interested in supporting or sponsoring Community Food Share's special events throughout the year, please contact Katy Voldrich at (303) 652-3663 ext. 202 or kvoldrich@communityfoodshare.org to learn more!



Sounds True

Sounds True has been volunteering annually with Community Food Share since 2015 and really enjoys the parallels between the two organizations. Peggy Metz, Assistant to the Associate Publisher, explains, "The message of giving back for your community is engrained in the hearts and minds of our employees." When asked which activity the team enjoys most while volunteering, Peggy went on to say, "Making sure the next family or individual can use the food we helped sort is such a good feeling." We couldn't do it without you, Sounds True!

UPCOMING EVENTS



DONOR RECEPTION

Join us for an exclusive thank-you reception honoring our donors. Enjoy wine, hors d'oeuvres, and chocolate, then tour our warehouse to see firsthand how your support is making a difference in our community.

SIGN UP — Kindly RSVP by Friday, February 8th to Steffanie at (303) 652-3663 ext. 213 or sfrye@communityfoodshare.org



FAMILY VOLUNTEER DAYS

We offer additional family volunteer shifts during spring break. Ages 5-14 must have an adult chaperone with them, and we require at least one adult for every three children.

Get Involved — For shift times, and to sign up, visit www.communityfoodshare.org/holiday-volunteer. Registration is required for every family member.

Our Mission

To eliminate hunger in Boulder and Broomfield Counties through engagement, collaboration, and leadership.



650 S. Taylor Avenue
Louisville, CO 80027
(303) 652-3663

 /communityfoodshare
 @commfoodshare
 /CommunityFoodShareOrganization

MEMBER OF
**FEEDING
AMERICA**

**FEEDING
COLORADO**

Charity Navigator's Highest Rating

Community Food Share is proud to have received the highest rating — four stars — by Charity Navigator, America's premier independent evaluator. We have received this honor for 14 consecutive years, which places us in the top 1% of charities nationwide. The rating reflects Community Food Share's sound fiscal management and commitment to accountability and transparency.



Office Hours: Monday-Friday, 8:00-5:00
Feeding Families (onsite pantry): Wednesday, 10:00-3:45 | Thursday & Friday, 8:30-1:45
Small Food Donations Accepted in Main Office: Monday-Friday, 8:00-4:30
Dock Receiving Hours (large food donations): Monday-Friday, 8:00-3:00